

## TRAFFORD COUNCIL

**Report to:** Children and Young People's Overview and Scrutiny  
Committee / Executive  
**Date:** 01/7/2019  
**Report of:** Interim Commissioner for Children's Clinical  
Commissioning

### Report Title

Mental Health Services for Children and Young People

### Summary

This report provides an update on Trafford's mental health & wellbeing services and wider offer for children & young people. Trafford is three and a half years into the five year timescales set out in Five Year Forward View and the associated Transformation funding. Trafford is moving towards the THRIVE mode which looks at having support based on need and increased focus on early intervention. All mental health services are currently seeing an increase in demand and complexity of issues presented with.

### Recommendation

The scrutiny committee is asked to note the contents of this report and to direct/instruct on any actions required.

Contact person for access to background papers and further information:

Name: Claire Ball  
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Background Papers:

- Future In Mind  
[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)
- Five Year Forward View for Mental Health - <https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>
- Transforming Children and Young People's Mental Health Provision: a Green Paper - [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/664855/Transforming\\_children\\_and\\_young\\_people\\_s\\_mental\\_health\\_provision.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/664855/Transforming_children_and_young_people_s_mental_health_provision.pdf)
- NHS Long Term Plan - <https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/>

## **Background**

This report provides an update on Trafford's mental health & wellbeing services for children and young people, wider offer around training for staff and a summary of the key projects for 19/20 onwards. The following sections are covered:

### **1. Children's Mental Health – Wider Projects**

- Local Transformation Plan
- National Access Targets
- GM Crisis Care Pathway
- iTHRIVE
- Engagement

### **2. Training**

- Local Training Programme
- Mental Health First Aid Training
- Autism & Social Communication Pathway
- Greater Manchester Training Programme

### **3. Trafford's Commissioned Offer**

- Healthy Young Minds
- Eating Disorders
- Perinatal/Parent & Infant Mental Health

### **4. Third Sector Providers**

- 42<sup>nd</sup> Street
- Trafford Sunrise
- Kooth
- National Waiting Times Pilot
- HomeStart
- Waiting Times Pilot

### **5. Work Plan for 2019/20**

## **Introduction**

In 2015, the Department of Health and NHS England produced '*Future In Mind*', a document that set out how children's mental health services should be improved in England. This was swiftly followed by '*The Five Year Forward View For Mental Health*' which provided more detail on how mental health care could be improved. Since 2015/16, Trafford has been using the associated transformational funding to improve the mental health offer for children and young people in Trafford. We are into the fourth year of this funding. This report provides an update on Trafford's mental health & wellbeing services and wider offer for children & young people.

In 2017, the Department of Health & Department of Education produced '*Transforming Children and Young People's Mental Health Provision: A Green Paper*'. This detailed the programmes the government wanted to introduce and had a strong emphasis on support from schools. Finally, the '*NHS Long Term Plan*' was published at the start of 2019, in which

children's mental health featured prominently. Additional funding for individual localities was announced as part of this, but areas are still awaiting details on how this will be allocated.

## **Report**

# **1. Children's Mental Health – Wider Projects**

## **1.1. Local Transformation Plan**

As part of the funding connected to '*Five Year Forward View*' noted above, localities were required to produce a Local Transformation Plan. The purpose of this document was to set out what exists in Trafford and explain what changes were going to be made over the next 5 years. This was first published in 2016, and as per NHS England requirements, has been refreshed annually since then. The work set out in the Local Transformation Plan is overseen by the Transformation Implementation Group (TIG) and final sign off for each update is done via the Health & Wellbeing Board.

Trafford recently published the fourth annual edition of the Local Transformation Plan, which NSPCC reviewed and gave a Green rating. They stated that "This was because it was judged to have a good analysis of the needs of the most vulnerable children, which was clearly used to inform service provision".

## **1.2. National Access Targets**

A national target has been set up by NHS England designed to increase the number of children and young people receiving treatment from community mental health services. By the end of March 2019, localities were given the target to have at least 32% of children and young people estimated to have a mental health condition accessing treatment. By 2021 this target shifts to 35%. Currently, Trafford is not hitting this target, with the latest figure at 26.5%.

The key reason that Trafford is not currently hitting this target is because some providers and services are not flowing data to the Mental Health Service Data Set (MHSDS). Due to this situation happening in almost all localities across the country, NHS Digital has undertaken a yearly manual data capture exercise through the Strategic Data Collection Service (SDCS). This allows localities to demonstrate an accurate figure because services that aren't flowing data to the MHSDS are able to manually send data to the SDCS. Based on this manual data capture exercise, Trafford has jumped from 27.5% in 2018 to 37.2% in 2019, which exceeds the national target.

## **1.3. Greater Manchester Crisis Care Pathway**

One of the key investments in children's mental health at a GM level is the Greater Manchester Crisis Care Pathway which will support those who are experiencing a mental health crisis. The pathway involves the development of new services and improvements to existing services. Most of the services will be based in the community and care will be available 24 hours a day, seven days a week. The pathway has a number of different elements, including Rapid Response Teams, Safe Zones to provide a safe space for those in crisis and an Assessment Centre to co-ordinate mental health hospital based care.

The pathway will bring a positive benefit to young people in Trafford. One element that has involved investment from the transformational funding is the All Age Mental Health Liaison

service. This will mean that children and young people presenting at A&E in crisis will have access to mental health care 7 days a week, 24 hours a day in the same way that they would be able to get access to urgent physical health care. This service is in the process of shadowing Trafford Healthy Young Minds staff before going live in September.

#### **1.4. iTHRIVE**

The THRIVE model was recommended by '*Future in Mind*' as a move away from the old tiered model of mental health services. '*Future in Mind*' recognised that children and young people do not neatly fit into tiers and that the THRIVE model is better able to meet their needs. There are five groups that are distinct in terms of the needs and choices of the individuals within each group and the resources required to meet these needs and choices. THRIVE aims to draw a clearer distinction between treatment on the one hand and support on the other. Within THRIVE, there is a much more of a focus on early intervention.

Trafford is in the process of implementing the THRIVE model and a large amount of work has gone into this. Trafford's Mood & Emotional Disorders pathway and the Autism & Social Communication pathways have both been designed around the THRIVE model. As well as this, a mapping exercise of Trafford services has occurred and services have been split by THRIVE categories. This exercise was used to subsequently improve the young people's mental health page of the service directory and separate out services by THRIVE categories.

#### **1.5. Engagement**

As part of the Local Transformation Plan work a large amount of engagement work has occurred. Three stakeholder events have occurred since the Transformation work began, with the most recent event being held earlier in 2019. This was attended by a variety of stakeholders, with the aims of this event being to understand how professionals refer into Healthy Young Minds and also to understand the other range of services and support available in Trafford. Trafford has also held yearly "You Said, We Did" surveys with children, families and professionals to get their views on the changes that have occurred in children's mental health services. Full details of this are included in the Local Transformation Plan.

## **2. Training**

### **2.1. Local Training Programme**

One of the five areas set out in the Local Transformation Plan is 'Improving the Workforce'. Because of this, a Mental Health Skill Gap Analysis of Trafford professionals (such as GPs, Speech and Language Therapists, and SENCOs) was undertaken in 2017. From this analysis we were able to identify the most common areas that professionals felt they lacked skill/knowledge. Following this, a variety of training has been provided covering the areas people requested. In the past 12 months, sessions have been held on:

- Anxiety
- Depression
- Bereavement
- Self-Harm
- Solution Focussed Techniques

These sessions were provided by 42nd Street (Depression, Self-Harm, and Solution Focussed Techniques), Anxiety (Anxiety UK), and Winston's Wish (Bereavement). We were aware from previous mental health training that some attendees did not have the knowledge base required in order to fully benefit from the training. In order to address this issue, attendees were directed to complete free online training in the subject area via MindED. Accessing this prior to the training session meant that the purchased training could be delivered at a higher, more appropriate level.

The sessions were attended by a variety of professionals, including Teachers, SENCOs, Health Visitors, Early Help Hub Youth Workers, Occupational Therapists, Youth Engagement Workers, the Youth Offending Service, Talkshop, and Pastoral Leads. Feedback from the training was universally positive and attendees stated that they would use the skills learnt at these sessions.

## **2.2. Mental Health First Aid Training**

Another element that professionals stated that they wanted support in was around general mental health knowledge and how to respond appropriately to children and young people who present to them. As a result we have commissioned a local provider to deliver a number of Mental Health First Aid training sessions. One session has taken place and there are a further 3 planned between July and September.

This training has been targeted at professionals in Trafford working with children and young people. It will primarily be for school staff, School Nurses, Early Help Hub staff, GPs, locality teams, & the voluntary sector.

The workshop will qualify attendees as a Youth Mental Health First Aid Champion giving them:

- An understanding of common mental health issues and how they can affect young people.
- Ability to spot signs of mental ill health in young people and guide them to a place of support.
- Knowledge and confidence to advocate for mental health awareness.
- Skills to support positive wellbeing.

Those who complete this course will also receive a Youth MHFA manual and have been encouraged to share this with colleagues. Feedback from the first session has been overwhelmingly positive.

## **2.3. Autism and Social Communication Pathway Training**

The first stage of this Pathway involves the Special Educational Needs Coordinator (SENCO) at the child's school or nursery. The SENCO will help to develop a support plan with agreed strategies. SENCOs are best placed to provide this support because they are able to work with the child on a regular basis. The plan will usually be put in place for around 2 school terms with regular reviews. Following this the SENCO can make a referral to the Autism and Social Communication Pathway.

In order to support SENCOs we commissioned Healthy Young Minds and the Education Psychology service to provide a number of training sessions to schools. All Primary SENCOs,

but one attended and all Secondary SENCOs. 6 out of 8 special schools attended and other agencies including, Youth Offending Service, Sensory Impairment Service, Special Educational Needs Advisory Service, Parent Partnerships, Virtual School SENCO.

The training covered the following key areas:

- Autistic Social Communication characteristics
- The new assessment pathway and the process of making a referral
- How to implement the Assess-Plan-Do-Review process and using the graduated approach document

## **2.4. Greater Manchester Training Programme**

### **Transforming Care**

A number of training events have been held as part of the Transforming Care agenda. Training has been delivered by Cheshire Wirral Partnership with the aim of helping professionals to fully understand the Dynamic Risk Register process and how it feeds into Care, Education & Treatment Reviews (CETR). This was attended by professionals who support children with Learning Disabilities and Autism.

Pathway Associates were commissioned at a GM level to deliver a series of workshops on CETR. These sessions are intended to raise the profile and understanding of the CETR process and to provide support to professionals with case specific queries, Trafford hosted one of these sessions in June, which was well received by those attending.

### **iTHRIVE training**

A number of free training sessions have been made available to Trafford staff through the GM iTHRIVE training and development team. The training is aimed at mental health professionals, early help staff and those working with children and young people. The training modules offered include:

- Shared Decision Making,
- Getting Advice & Signposting,
- Risk Support
- When to Stop Treatment.

Professionals who have already been on this iTHRIVE training have given positive feedback.

## **3. Trafford's Commissioned offer for Children and Young People**

### **3.1. Healthy Young Minds (HYM) formerly CAMHS**

Healthy Young Minds provides a service for the children and young people in Trafford who are at risk of developing or have developed a significant mental health problem. It is a multi-disciplinary team that support around a variety of issues, including attachment disorders, psychotic symptoms, anxiety disorders, eating disorders, depression and self-harm.

One of the main challenges experienced by the HYM service over the past 12 months has been workforce issues, relating to vacancies and sickness rates. At one point in 2018/19 the vacancy rate for Healthy Young Minds was 8.5 whole time equivalent posts (WTE) and the sickness rate was 3.4 WTE. The difficulties around recruitment to mental health posts are not unique to Trafford and work is taking place at a GM level around this. The service has worked

hard to resolve the situation and the vacancy rate currently stands at 3.25 WTE posts (with 2 WTE already recruited) and the sickness rate is down to 0.8 WTE.

### **Access**

The other issue facing the service is a growing demand. Between 2014/15 and 2018/19 Healthy Young Minds has seen a 35% increase in referrals. As well as this, the number of urgent referrals is also increasing. In 2016/17, 20% of referrals were considered urgent, but in 2018/19, 33% of referrals were deemed urgent. In 2018/19 1,709 referrals were received by the service.

### **Waiting times**

It is due to the above factors that waiting times have recently increased in Healthy Young Minds. There are two waiting times targets in place for Healthy Young Minds:

- The proportion of children and young people waiting 12 weeks or less from referral to appointment (95% target).
- The proportion of children and young people waiting 18 weeks from referral to NICE concordant treatment (98% target).

As of April 2019 (the last available update) the former target stood at 72.7% and the latter stood at 73.2%. The service has stated that waiting times should improve over the next quarter. Capacity and demand analysis is being repeated by the service to forecast waiting times and the service is undergoing a case load review to clear caseloads to increase allocation from the waiting list.

### **Additional Posts**

Through the Local Transformation Plan we have been able to continue to expand the workforce in HYM. The service and commissioner worked together to identify staffing gaps in the service. These included Cognitive Behavioural Therapy (CBT), Mental Health Practitioners and Administration. 1 post has already started and another 3 have been recruited to. Due to the contractual transfer from Pennine Care to Manchester Foundation Trust (MFT), these posts have been advertised as 12 months fixed term contracts.

## **3.2. Eating Disorders**

The Children and Young People's Community Eating Disorders Service (CEDS) was developed as a result of the 'Future In Mind' report and associated investment in children's mental health services over the following five years. As part of this investment, national guidance stipulated that there should be a dedicated community eating disorder team per 500,000 of the general population. As a result of this requirement, Trafford provides this service on a cluster basis. Pennine Care currently deliver the service through 2 dedicated hubs, one in the North (Bury) and one in the South (Stockport), both made up of 3 localities. Trafford is a part of the South Hub combined with Stockport and Tameside & Glossop. The service provides specialist support, assessment, consultation and treatment to children & young people age 8-18 with an eating disorder.

### **Access and waiting times**

For 2018/19, the service was fully compliant against the routine and urgent Access & Waiting Time Standards. These are:

- Routine cases, the proportion of children and young people with an eating disorder that have waited 4 weeks or less from referral to the start of NICE approved treatment stood at 100% against a target of 90%.
- Urgent cases, the proportion of children and young people with an eating disorder that wait 1 week or less from referral to start of NICE approved treatment was also 100% against a target of 90%.

### **Issues**

Trafford's community health services currently delivered by Pennine Care will transfer to MFT in the autumn. As noted above, CEDS is delivered on a tripartite basis and therefore it is not a straight forward transfer. The CCG is working with the transition leads for Pennine and MFT to identify an interim- solution to ensure that the service remains clinically safe and stable during the transition phase of the transfer. .

### **3.3. Perinatal/Parent & Infant Mental Health**

Currently in Trafford we have 2 specialist workers in parent-infant mental health, a Health Visitor (Parent and Infant Mental Health) who provides a weekly mental health drop-in which is open access to parents with a baby under 1 and delivers the 'Baby and Me' programme which is a targeted offer to parents who have been identified by their Health Visitor or GP.

We also have a Senior Clinical Psychologist for Infant Mental Health based in HYM who accepts referrals from the antenatal period until the child's 3<sup>rd</sup> birthday. Trafford has recently been nationally recognised as one of 27 'Rare Jewels' by Parent Infant Partnership (PIP UK), for our parent-infant provision.

In line with GM and national policy and the direction of the NHS Long Term Plan, Trafford will be increasing its delivery of perinatal mental health services. This is discussed further in section 5.3.

## **4. Third Sector Providers**

### **4.1. 42nd Street**

42nd Street provides mental health support for young people aged 13-25. The support includes group and 1-1 sessions and also sits alongside specific 1-1 therapeutic support for those with high functioning Autism. 42<sup>nd</sup> Street is available for young people aged between 13 and 25. The service accepts self-referrals as well as referrals from a wide range of professionals, including GPs, teachers and School Nurses. This can be done in person, by telephone, or by email.

#### **Access**

In 2016/17 provision was doubled in 42nd Street in order to support those whose needs were not best met by Healthy Young Minds. This additional funding has continued every year since then. The additional funding has increased access to the service. In 2015/16 (the year before the funding increase) 166 young people accessed the service, but in 2018/19 this figure had increased to 559. Feedback from young people remains high with 100% stating they would recommend the service in 2018/19.

#### **Waiting times**



In 2018/19 waiting times have increased for the service. Waiting times for assessment is 11 weeks and the waiting times from referral to intervention ranges from 17 weeks for early help psychotherapy and 31 weeks for complex psychotherapy to 57 weeks for counselling. This is driven by young people presenting with an increasing complexity of issues which requires longer and more complex interventions. The service also supports those in other areas of Greater Manchester and these other areas have also seen increases in demand. In order to tackle waiting times, the service has recently changed the way in which it undertakes assessments to allow for these to be done via telephone when appropriate. Trafford has asked 42<sup>nd</sup> Street to take part in a national waiting times pilot in 2019/20 in order to get waiting times down, details of this are provided in section 4.5.

## **4.2. Trafford Sunrise**

Trafford Sunrise is provided by Just Psychology and offers group and 1:1 therapeutic support for 5-12 year olds. There is a mixed model of 1:1 support and group sessions where children can practice their coping skills and make new friends. As well as this, the service provides workshops for parents on issues like exams anxiety and bullying. A referral can come via a variety of professionals, such as GPs, School Nurses, or Trafford Early Help Hubs. Referrals may also come through Trafford's Early Help Panel. Self-referrals will be accepted if the child is not being seen by any other Trafford service. Trafford Sunrise has been part funded from Local Transformation Plan investment.

### **Access**

Trafford Sunrise was commissioned in response to an identified need for mental and emotional wellbeing support for young children. The service commenced almost two years ago. Prior to this there was no specific mental health service for primary school aged children. It is for this reason that demand for the service has been huge. In 2018/19, the service had 429 referrals which is even higher than 42<sup>nd</sup> Street.

### **Waiting times**

The current waiting times for group support are 24 weeks and 1:1 support is 52 weeks. As with 42<sup>nd</sup> Street, Trafford Sunrise have been asked to take part in the national waiting times pilot detailed below. Those who have been through the service give positive feedback. In 2018/19 96% of parents and 91% of children said they were satisfied with provision.

## **4.3. Kooth**

As part of the work we do on our Local Transformation Plan, an annual 'you said we did' survey is carried out with stakeholders. Young people told us that they wanted more anonymous support and support outside of school hours. In response to this we commissioned Kooth, an online counselling service for children and young people age 11-18 that provides access to qualified counsellors, and fully moderated peer support forums. It is completely anonymous and the counselling support is available until 10pm, 365 days per year, with the website itself being available and used 24 hours a day. Any young person aged 11-18 in Trafford is able to access Kooth and a referral is not required. Children simply need to go to [www.Kooth.com](http://www.Kooth.com) to access the service. As with Trafford Sunrise, this service has also been part funded by Local Transformation Plan funding. Since being commissioned in 2017, Kooth has also seen a very high level of engagement

### **Activity**

In 2018/19 the service had 1,563 new registrations, with 392 young people taking part in chat sessions and 889 young people sending messages to councillors. An average of 87% of young people using the service would recommend it to a friend. As an online service, there are no waiting times for Kooth.

#### **4.4. Home Start**

Through a joint investment with Trafford Housing Trust and Salford CCG we have commissioned a 2 year project called 'Baby Bond'. The project delivered by Home-Start Trafford & Salford will help parents with low-moderate mental health issues requiring support to form more secure and positive attachments with their 0-2 year old infant to have a greater understanding of their child's needs and how to meet them, and to boost family wellbeing and resilience. The development of a Parent and Infant Mental Health offer within Home Start is a component part of the Early Attachment Service model.

#### **4.5. Waiting Times Pilot**

NHS England have allocated a pot of funding to a number of localities as part of a waiting times pilot connected to the Government's Green Paper on children's mental health. The GM Health and Social Care Partnership invited expressions of interest from Wigan and Trafford to be involved in the pilot.

The key aim of the pilot, as set out by NHS England, is to reduce waiting times and because additional funding was already being put into Healthy Young Minds as part of our Local Transformation Plan funding, it was decided that 42nd Street and Trafford Sunrise would benefit the most from taking part. The pilot will be monitored by Greater Manchester and NHS England over the course of 12 months. Utilizing the money, 42nd Street will be able to see an additional 160 young people and Trafford Sunrise will be able to see an additional 97 children (and 60 parents in workshops).

### **5. Work Plan for 19/20**

There are a number of key pieces of work around children and young people's mental health and wellbeing that we will be working on with partners and stakeholders throughout 19/20 and into 20/21. These include:

- Stage 2 of the Autism and Social Communication Pathway (September 2019)
- Single Point of Access (SPOA)
- The development of an integrated PIMH Pathway and Early Attachment Service
- Transforming Care
- GM iTHRIVE Programme

#### **5.1. Autism and Social Communication Pathway**

The Autism and Social Communication Pathway will be accepting referrals from September 2019 (in line with the model of 2 terms of school support as discussed in section 2.3).

In order to commence delivery of the Autism and Social Communication Pathway we have been working to ensure that those children and young people who are on the waiting list for the ND pathway are assessed as quickly as possible. In order to support this commissioning

agreed to Pennine Care's proposal to recruit additional Speech and Language Therapists from the bank in order to free staff up to work on the pathway, in addition Education Psychology and Healthy Young Minds staff have worked additional hours to support with clearing the waiting list. The costs for the additional staffing came in at £73k, recognising the importance of clearing the waiting list this funding was provided.

Following a face to face parent's meeting, a letter was sent to all parents with children on the waiting list informing them that additional funds had been secured to address the waiting list and that it would be cleared by December 2019. Unfortunately there have been delays with the full utilisation of the additional funds as Pennine have struggled to recruit bank staff in order to free up staff to work on the waiting list. To date 1.5 wte additional staff have been employed. Therefore the ND pathway waiting list is not going to be cleared by December and is now more likely to be January 2020.

A task and finish group has been set up to oversee progress on the ND pathway, any issues around the new pathway and ensure regular communication with the parent's forum. The group is chaired by the children's commissioner and includes representatives from all services associated with the pathway and Pennine Care strategic lead along with parent forum representatives. A number of solutions are being worked through for the waiting list including using staff from the SENAS service to complete school observations, using the funds provided to Pennine to buy additional education psychology time (60 hours) and the children's commissioner is working with the adult mental health commissioner to establish whether the adult service (Trafford Extended Service) could support with assessments for older young people (those age 16 and up).

## **5.2. Single Point of Access (SPOA)**

A Single Point of Access (SPOA) is something that would provide one route for children and young people into mental health services. Currently, there is no Single Point of Access for mental health services in Trafford. Children and young people are referred into individual services and after waiting, will be referred to other services if they are not appropriate. This has been highlighted as being an issue by a variety of stakeholders and a SPOA was brought up as something that should be implemented in Trafford at a recent THRIVE engagement event.

This has been recognised as a key priority for Trafford by the Transformation Implementation Group (TIG) over the next two years. A SPOA will reduce the amount of inappropriate referrals, prevent children waiting for another service after having waited for a first, and ensure young people do not have to tell their story multiple times. A Task & Finish Group has been set up to look at how Trafford can introduce a SPOA for children & young people.

## **5.3. Development of an integrated PIMH pathway and Early Attachment Service**

A service specification for a Parent and Infant Mental Health (PIMH) service has been developed for Greater Manchester based on the nationally recognised Tameside model which incorporates an Early Attachment Service (EAS). Through Local Transformation Plan funding Trafford want to establish an EAS as part of the Healthy Young Minds service.

In order to achieve the GM ambition of all localities having an EAS, we have set up a 1001 critical days task and finish group to re-develop our existing PIMH pathway to become an integrated pathway that is grounded in the THRIVE model. Using Local Transformation Plan

funding, the below core EAS posts (as set out in the GM specification) will be recruited to in order to enhance and develop our existing provision.

- Clinical Psychologist
- Child Psychotherapist
- Administration support

#### **5.4. Transforming Care**

Transforming Care is national programme led by NHS England which is all about improving health and care services so that more people with learning disabilities or autism can receive the best care and live in the community. An Accelerator Programme has been set up in Greater Manchester (GM) to drive forward the Transforming Care agenda. Part of this involves having all localities across GM adopt the Ealing Model. The Ealing Model has multidisciplinary teams with lower caseloads to provide intensive support for families with children on the edge of care or where out of area placements are likely. The Ealing Model is recommended by the NHS Long Term Plan. By the end of July GM will have chosen 3 localities who will be given 1 year's funding to deliver the Ealing Model. It is anticipated that remaining localities are expected to be given funds in 2020.

#### **5.5. GM iTHRIVE Programme**

As part of the THRIVE agenda, a Greater Manchester iTHRIVE team has been developed in order to help embed the THRIVE model across the region. Part of this support includes the training programme that is detailed in the training section. Another element is providing funding for a Subject Matter Expert in each locality. The purpose of the Subject Matter Experts is to help areas fully implement the THRIVE model. Trafford intends to utilize the Subject Matter expert to map out school support and work with schools to implement THRIVE. It is anticipated that this role will sit within Healthy Young Minds.

## **Appendix**

### **Appendix 1**

Trafford's latest Local Transformation Plan for Children & Young People's Mental Health & Wellbeing - <https://www.traffordccg.nhs.uk/docs/Publications/Trafford-LTP-Document-2019-20-refresh.pdf>

### **Appendix 2**

Commissioning responses to the Children's Wellbeing task and finish group recommendations